

Yin Yang

Choreographie: Algali Fofana & Pol F. Ryan (01. März 2023)

Beschreibung: 80 Count, 1 Wall, Improver Phrased Line Dance, Catalan Style
Musik: **Banjós' n' Bongos** von Sammy Arriaga, BPM:
Hinweis: Der Tanz beginnt mit dem Einsatz des Gesangs
Abfolge/Sequenz: AA, BB, Brücke/Tag, AA, BBB, AA, BBB, Ende/Ending

Part/Teil A (16 Counts)

1) 1-8 Side Rock Step right, Chasse right, Behind l, Side r, Cross l, ¼ Turn right/Rock Step Forward right, ¼ Turn right/Step Forward r

1-2 Side Rock Step right - Recover l
 3&4 Chasse right
 5-6 Behind l - Side r - Cross l
 7&8 ¼ Turn right/Rock Step Forward right - Recover l - ¼ Turn right/Step Forward r (6 Uhr)

2) 9-16 Shuffle Diagonal Forward left, Hook Behind r, Shuffle Diagonal Back right, Hook l, ⅛ Turn left/Step Forward l Hook Back r, ⅛ Turn left/Step Forward r, Hook Back l, ¼ Turn left/Step Forward l, Jumping Rock Step Back right

1&2& Shuffle Diagonal Forward left (7:30 Uhr) - Hook Behind r
 3&4 Shuffle Diagonal Back right
 5& Hook l - ⅛ Turn left/Step Forward l
 6& Hook Back r - ⅛ Turn left/Step Forward r
 7& Hook Back l - ¼ Turn left/Step Forward l
 8& Jumping Rock Step Back right - Recover l/Kick Forward r

Part/Teil B (32 Counts)

1) 1-8 Right Kick Forward, Left Kick Diagonal right Forward, Right Jumping Rock Back Diagonal left, Stomp Up r Twice

1-2-3-4 Right Kick Forward, Together r - Left Kick Diagonal Forward to right, Together l
 5-6 Right Jumping Rock Back Diagonal left - Recover l
 7-8 Stomp Up r - Stomp Up r

2) 9-16 Jump Diagonal Out-Hitch left + right, Jumping Rock Step Back right, Stomp Up r Twice

1-2 Jump Diagonal Out left Forward - Jump In/Hitch l
 3-4 Jump Diagonal Out right Forward - Jump In/Hitch r
 5-6 Jumping Rock Step Back right - Recover l/Kick Forward r
 7-8 Stomp Up r - Stomp Up r

3) 17-24 Right Toe-Heel-Toe Swivels to right, Stomp Up l, Left Toe-Heel-Toe Swivels to left, Stomp Up r

1-2-3-4 Right Toe-Heel-Toe Swivels to right - Stomp Up l
 5-6-7-8 Left Toe-Heel-Toe Swivels to left - Stomp Up r

4) 25-32 Monterey ½ Turn right, Rock Step Forward right, ½ Turn right/Stomp Up r, Hold

1-2-3-4 Monterey ½ Turn right (6 Uhr)
 5-6 Rock Step Forward right - Recover l
 7-8 ½ Turn right/Stomp Up r (12 Uhr) - Hold

Brücke/Tag (16 Counts)

1) 1-16 Walk 8 Around Full Turn right with Clap, Walk 8 Around Full Turn left

1-2...8 Walk Around in a Circle to right (r-l-r-l-r-l-r-l) Beim letzten Schritt (links) über dem Kopf in die Hände klatschen
 9...16 Walk Around in a Circle to left (r-l-r-l-r-l-r-l)

Ende/Ending (16 Counts)

1) 1-16 2x Step Forward r, Hold, Step Forward l, Hold, Kick Forward r, Cross r, Unwind ½ Turn left, Hold

1-2...8 Step Forward r, Hold, Step Forward l, Hold, Kick Forward r, Cross r, Unwind ½ Turn left, Hold
 9...16 Step Forward r, Hold, Step Forward l, Hold, Kick Forward r, Cross r, Unwind ½ Turn left, Hold

Wiederholung bis zum Ende